

Dear parents,

In our PSHE curriculum next half-term, your child will be learning about puberty and the changes that will happen. They will also look at childbirth and the stages of development of a baby, starting at conception. Pupils will discuss relationships and the importance of mutual respect and not pressuring/being pressured into doing something that they don't want to. They will think about self-esteem, why it is important and ways to develop it. Finally, they will look at the transition to secondary school and what they are looking forward to/are worried about and how they can prepare themselves mentally.

Throughout the unit, teachers will be following a syllabus appropriate to this age group.

If you have any questions; or would like to make us aware of anything in relation to what will be taught, please email your child's teacher.