

Knowledge Organiser

Basketball Year 5

About this Unit

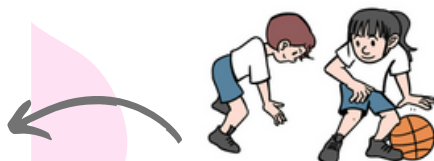
Basketball is a dynamic invasion game where two teams compete to score points by shooting into the opponent's hoop. You'll learn key skills like dribbling, passing, catching and shooting.

At the end of the unit, you'll participate in a tournament to showcase your new skills and knowledge in real game situations.

In a standard game, five players from each team are on the court at a time. The NBA, or National Basketball Association, in America, is the most famous basketball league in the world. It attracts top players from all over the globe every year.

Invasion Games Key Principles

attacking	defending
score goals	stop goals
create space	deny space
maintain possession	gain possession
move the ball towards goal	



Can you think of any other invasion games that share these principles?



Key Vocabulary

ball carrier: person in possession
close down: to reduce the amount of space for an opponent
communicate: sharing information with others
decision: select an outcome
delay: to slow someone down
deny: to prevent an action happening
drive: a fast movement that helps to tell the ball carrier that you want the ball
maintain: to keep
protect: to look after

rebound: when a player attempts to shoot a goal but the ball hits the basket or backboard and bounces back into play
receiver: the person collecting or stopping the ball
situation: circumstances that create the environment
sportsmanship: play fairly, respect others and be gracious in victory and defeat
tactics: a plan that helps you to attack or defend
technique: how you apply a skill
tournament: a competition of more than two teams

Ladder Knowledge



Sending & receiving:

Not having a defender between you and the ball carrier helps you to send and receive with better control.

Dribbling:

Dribbling in different directions and at different speeds will help you to lose a defender.

Space:

Moving to space even if you do not receive the ball will help to create space for a teammate.

Movement Skills

- run
- jump
- throw
- catch
- dribble
- shoot

Social

This unit will also help you to develop other important skills. collaboration, communication, co-operation, respect

Emotional

honesty, confidence, perseverance, fair play

Thinking

select and apply skills, make decisions, observation, tactics, feedback

Rules

- **Double dribble:** cannot dribble the ball with two hands at the same time and/or dribble the ball, catch it and then dribble again.
 - **Travelling:** cannot move with the ball without dribbling it.
 - **Foul:** cannot hold or push an opponent.
- If any of these rules are broken, a free pass is awarded to the other team.

Tactics

Using tactics will help your team to maintain possession and score goals or deny space, gain possession and stop goals. There are attacking and defending tactics and these will change depending on the situation, the opposition and the desired outcome.

Healthy Participation



Make sure any unused equipment is stored in a safe place.

If you enjoy this unit why not see if there is a basketball club in your local area.



How will this unit help your body?

agility, balance, co-ordination, speed, stamina

Home Learning

Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk

Defending Battle

What you need: 2 players, a ball, 4 markers

How to play:

- Set up a square.
- The attacker dribbles and tries to stop the ball on one of the markers to score a point.
- After scoring, the defender takes three steps away from the attacker.
- The attacker can't score on the same marker they started from.
- If the defender wins the ball they become the attacker.

Top tips:

- Attacker: turn your back to the defender and put your non-dribbling hand out to protect the ball.
- Defender: block spaces and only collect the ball when it's free.

Easier: Attackers are allowed to double dribble (use both hands at the same time or dribble, hold with two hands, dribble again).

Harder: Make the area larger.

www.getset4education.co.uk

Head to our youtube channel to watch the skills videos for this unit.



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